

## Xin Chào from the Turtle Island Paradise!

A warm and sincere welcome from all of us at Six Senses Con Dao as we embrace the arrival of Tet, ushering in the auspicious Year of the Dragon in 2024.

Tet holds profound significance in the hearts of Vietnamese people. Our Tet program is meticulously crafted, offering out-of-the-ordinary experiences, captivating excursions, and delightful dining options to ensure that your time on Con Dao during this special period is a perfect harmony of nature and indulgence.

May the coming year bring you peace and good health. Here's to a serene and fulfilling 2024 from all of us at Six Senses Con Dao. Wishing you a Lunar New Year filled with hope, joy, and endless possibilities.

MA B C

#### Chuc mung nam moi!

ADDITION AND A DISTORT

Johannes Steyn General Manager

www.







The Dragon (Long) is one of Vietnam's Four Holy Animals, alongside the Unicorn, the Turtle, and the Phoenix. Symbolizing power, wisdom, and authority, the Dragon represents strength, courage, creativity, and innovation, ushering in a year brimming with potential and opportunity.

Drawing inspiration from the dragon's attributes, Six Senses Con Dao has curated an exclusive blend of adventure and indulgence for our guests during the Tet season. Whether you savor the traditions of Lunar New Year's Eve family dinner, immerse yourself in the vibrant Lion dance show, partake in Vietnamese Tet and Chung cake festivities, or indulge in rejuvenating wellness programs for mental renewal and positive energy, our aim is to provide a transformative experience. Six Senses Con Dao not only invites you to celebrate the auspicious Year of the Dragon but also offers a holistic journey to usher in a renewed version of yourself.

We look forward with great anticipation to welcoming you during this extraordinary season at Six Senses Con Dao.



## Family traditional activities during Tet

Families may participate in some of the following:

Family parties: Enjoying Tất Niên (the last meal of the old year) together to share all the experiences of the year. Families take time to embrace the traditions, show respect to the elderly and strengthen the relationships between family members.

New Year's Greetings: People wish each other prosperity and luck for the new year with traditional greetings such as:

- 1. Chúc mừng năm mới Happy New Year
- 2. Cung chúc tân xuân Gracious wishes of the new Spring
- 3. An khang thịnh vượng Security, peace, good health, wealth and prosperity
- **4.** Vạn sự như  $\acute{y}$  May your wishes come true
- 5. Sức khỏe dồi dào Plenty of health
- 6. Cung hỷ phát tài Literally "Happy money come to you"
- 7. Tiền vô như nước Money keep flowing in like water

In Vietnamese culture you are 1 year old when you are born and everybody ages by 1 year at Tết. Children wish their parents and grandparents health and longevity with the greeting Sống lâu trăm tuổi – "Long life over 100 years"





# February 6, 2024 (Tuesday)

07:30 am – 08:15 am	Hatha Yoga (Beginner Level)	[R]
08:00 am – 10:00 am	House Hiking	[R] [\$]
09:00 am – 09:30 am	30 Minute Fun Exercise With Our PT	[R]
02:00 pm – 03:00 pm	Sea Turtle Talk	[R]
02:00 pm – 02:45 pm	Family Massage Tutorial	[R]
02:00 pm – 05:00 pm	Con Dao Historical And Prison Tour	[R] [\$]
03:00 pm – 05:00 pm	Vietnamese Liquor Cocktail Making Workshop	[\$]
04:00 pm – 05:00 pm	Clam Collecting	[R] [\$]
05:00 pm – 07:00 pm	Happy Tet Hour	[\$]
06:30 pm – 10:00 pm	Chef's Recommendations	[\$]
08:00 pm	Movie: The Flash	[R]

## GROW WITH SIX SENSES

	Balloon Decoration	
	Creativity With Ice Cream Sticks	
	Facemask Making	
	How To Make Mocktail	[R] [\$]
	n Paper Lantern Making	
04:00 pm – 06:00 pm	a Sandcastle Building	





# February 7, 2024 (Wednesday)

07:30 am – 08:15 am	Hatha Yoga (Beginner Level)	[R]
08:00 am – 08:30 am	30 Minute Fun Exercise With Our PT	[R]
09:00 am – 12:00 pm	Hiking To Bang Beach	[R] [\$]
02:00 pm – 03:00 pm	Making Soap From Recycled Ingredients	[\$] [R]
02:00 pm – 05:00 pm	Con Dao Local Life Tour	[R] [\$]
03:00 pm – 05:00 pm	Local Gin Song Cai Cocktail Making Workshop	[\$]
05:00 pm – 07:00 pm	Happy Tet Hour	[\$]
06:30 pm – 10:00 pm	Con Dao Crab And Sliper Lobster	[\$]
08:00 pm	Movie: The Journey To The Center Of The Earth	[R]

#### GROW WITH SIX SENSES

09:00 am – 10:00 am	, 0
10:00 am – 11:00 am	Vietnamese Traditional Game
11:00 am – 12:00 am	
02:00 pm – 03:00 pm	Pizza Decoration [R] [\$]
03:00 pm – 04:00 pm	
	Badminton Tournament



# February 8, 2024 (Thursday)

07:30 am – 08:15 am	Hatha Yoga (Beginner Level)	[R]
08:00 am – 08:30 am	30 Minute Fun Exercise With Our PT	[R]
02:00 pm – 03:00 pm	Making Candle From Recycled Wax	[\$] [R]
02:00 pm – 02:45 pm	Family Massage Tutorial	[R]
02:00 pm – 05:00 pm	Hit The High Spots	[R] [\$]
04:00 pm – 05:00 pm	Beach Tennis Tournament	[R]
03:00 pm – 05:00 pm	Visit Local Tet Market – Con Dao Flower Street	[R] [\$]
05:00 pm – 07:00 pm	Happy Tet Hour	[\$]
06:30 pm – 10:00 pm	Steak Night	[\$]
08:00 pm	Movie: The Last Airbender	[R]

#### GROW WITH SIX SENSES

09:00 am – 10:00 am	Vietnamese Class	
10:00 am – 11:00 am	0	
11:00 am – 12:00 am	Horse Chess	
02:00 pm – 03:00 pm	Cookies Decoration	[R] [\$]
03:00 pm – 04:00 pm	Paper Flowers Making	
04:00 pm – 06:00 pm	Beach Tennis Competition	





# February 9, 2024 (Tet Eve)

07:30 am – 08:15 am	Hatha Yoga (Beginner Level)	[R]
09:00 am – 12:00 pm	Visit Local Tet Market – Con Dao Flower Street	[R] [\$]
02:00 pm – 03:00 pm	Sustainability Tour	[R]
02:00 pm – 04:00 pm	House Hiking	[R] [\$]
02:00 pm – 05:00 pm	Vietnamese Tet and Chung Cake Making	[R] [\$]
03:00 pm – 05:00 pm	Vietnamese Soursop Cocktail Making Workshop	[\$]
05:00 pm – 07:00 pm	Happy Tet Hour	[\$]
06:30 pm – 10:00 pm	Lunar New Year Eve Family Dinner	[R] [\$]
11:00 pm – 12:30 am	Join The Local For New Year Countdown	

## GROW WITH SIX SENSES

09:00 am – 10:00 am	Sandcastle Building	
10:00 am – 11:00 am	Bingo Game	
11:00 am – 12:00 am	0 / 0	
02:00 pm – 03:00 pm	Puzzle Time	
03:00 pm – 04:00 pm		[R] [\$]
04:00 pm – 06:00 pm		





# Chung Cake and Watermelon in Tet Traditions

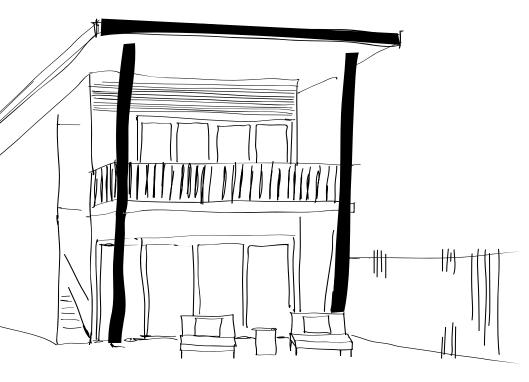
In the vibrant tapestry of Tet traditions, Chung cake and watermelon hold a significant place, each symbolizing unique facets of Vietnamese culture and the joyous spirit of the Lunar New Year.

Chung cake is distinguished by its vibrant green color, derived from the incorporation of banana leaves into the glutinous rice mixture. This special rendition symbolizes springtime and the rejuvenation of nature, reflecting hopes for a prosperous and bountiful year ahead.

Alongside this culinary tradition, the watermelon holds its own significance during Tet. Beyond its refreshing taste, the watermelon represents fertility, good fortune, and the promise of a fruitful year. Its red interior symbolizes luck and prosperity, making it a popular fruit during Tet celebrations.

Join our class 'Vietnamese Tet and Chung cake making' on 9 Feb, 2:00 pm - 5:00 pm at Elephant Bar





# What does a Lion dance represent?

During Tết Vietnamese people will watch and enjoy a Lion Dance performance. It is said that the dance stands for good luck, prosperity and health.

A Lion Dance is accompanied with at least one Laughing Buddha (Jester), who will help to bring more entertainment and fun to the show. At Six Senses Con Dao, our Lion Dance performance will bring happiness, signifying for an optimistic New Year.

Enjoy our 'Lion Dance dance show' on 10 Feb, 8:30 am - 9:00 am at By The Beach restaurant

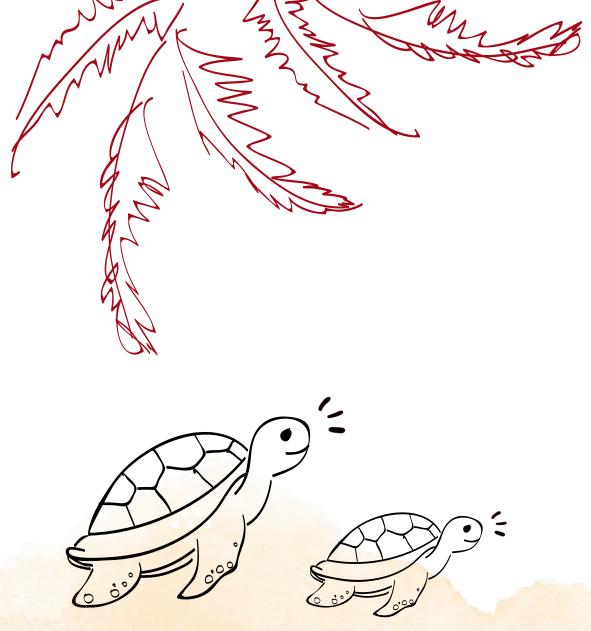


## Book the Most Exclusive Table at Six Senses Con Dao

Celebrate Tet with an experience of Dining under the Stars, an exclusive table on the rooftops of By The Beach, complete with panoramic views to the ocean.

A memorable evening awaits, as this special dinner is served amidst the herb gardens with your own personal butler.

Booking in advance is recommended.



# February 10, 2024 (1<sup>st</sup> day of Lunar Calendar)

07:30 am – 08:15 am	Hatha Yoga (Beginner Level)	[R]
08:30 am – 09:00 am	Lion Dance Show	
10:00 am – 01:00 pm	Visit Van Son Pagoda, Phi Yen Temple, Con Dao Flower Street	[R][\$]
02:00 pm – 03:00 pm	Sea Turtle Talk	[R]
02:00 pm – 02:30 pm	30 Minute Fun Exercise With Our PT	[R]
04:00 pm – 05:00 pm	Football Tournament	[R]
05:00 pm – 07:00 pm	Happy Tet Hour	[\$]
06:30 pm – 10:00 pm	Con Dao Surf 'n Turf BBQ	[\$]
08:00 pm	Movie: Lady Fraud	[R]

## GROW WITH SIX SENSES

	Lucky Money Hunting	
10:00 am – 11:00 am	8	
11:00 am – 12:00 am	Facemask Making	
02:00 pm – 03:00 pm		[R] [\$]
03:00 pm – 04:00 pm	Sustainability Tour	
04:00 pm – 06:00 pm	Sandcastle Building	



## Experience Wellness during Tet

Let's take this long holiday to fully recover with a focus on wellness.

Book one of our Singing Bowl classes and feel the miracle of healing as the vibrations and sounds wash over you. Or how about joining in our Yoga sessions, to awaken the soul, mind and body?

At Six Senses Con Dao Spa, there's a mix of pioneering science and ancient techniques designed for wellness. Achieve a healthy, balanced body and mind while you are with us and learn new techniques to sustain it once you return home.

Booking in advance is recommended.





## February 11, 2024 (Sunday)

02:00 pm – 03:00 pm	Making Soap From Recycled Ingredients	[\$] [R]
02:00 pm – 05:00 pm	Visit Van Son Pagoda – Phi Yen Temple – Con Dao F	lower Street
		[R] [\$]
05:00 pm – 07:00 pm	Happy Tet Hour	[\$]
	Vietnamese Coastal Cuisine	[\$]

#### GROW WITH SIX SENSES

09:00 am - 10:00 am		
10:00 am – 11:00 am		
11:00 am – 12:00 am	Fresh Fruits Hunting	
1 1	New Year Postcards Making	
03:00 pm – 04:00 pm	How To Make Mocktail	[R] [\$]
04:00 pm – 06:00 pm	Badminton Tournament	
06:00 pm – 07:30 pm		





## February 12, 2024 (Monday)

07:30 am – 08:15 am	Hatha Yoga (Beginner Level)	[R]
08:00 am – 08:30 am	30 Minute Fun Exercise With Our PT	[R]
09:00 am – 12:00 pm	House Hiking	[R] [\$]
02:00 pm – 05:00 pm	Con Dao Local Life Tour	[R] [\$]
02:00 pm – 03:00 pm	Making Candle From Recycled Wax	[\$] [R]
03:00 pm – 05:00 pm	Vietnamese Liquor Cocktail Making Workshop	[\$]
05:00 pm – 07:00 pm	Happy Tet Hour	[\$]
06:30 pm – 10:00 pm	Global Gourmet Gathering	[\$]

## GROW WITH SIX SENSES

09:00 am – 10:00 am	Vietnamese Traditional Game	
10:00 am – 11:00 am	T- Shirt Painting	
11:00 am – 12:00 am	Handbook Making	
02:00 pm – 03:00 pm	_	
03:00 pm – 04:00 pm		[R] [\$]
04:00 pm – 06:00 pm	Junior Biologist	





# February 13, 2024 (Tuesday)

07:30 am – 08:15 am	Hatha Yoga (Beginner Level)	[R]
08:00 am – 12:00 pm	Hiking To Bang Beach	[R] [\$]
02:00 pm – 02:30 pm	Bocce Tournament	[R]
02:00 pm – 02:45 pm	Family Massage Tutorial	[R]
02:00 pm – 03:00 pm	Sustainability Tour	[R]
03:00 pm – 05:00 pm	Local Gin Song Cai Cocktail Making Workshop	[\$]
05:00 pm – 07:00 pm	Happy Tet Hour	[\$]
06:30 pm – 10:00 pm	Flavor Of The East	[\$]
08:00 pm	Movie: The Red Panther	[R]

## GROW WITH SIX SENSES

09:00 am – 10:00 am	1 7 8	
10:00 am – 11:00 am	Wind Chime Making	
11:00 am – 12:00 am	Sustainability Tour	
02:00 pm – 03:00 pm	Pizza Decoration	[R] [\$]
03:00 pm – 04:00 pm	Vietnamese Class	
04:00 pm – 06:00 pm	Six Senses Sport Tournament	

## February 14, 2024 (Wednesday)

07:30 am – 08:15 am	Hatha Yoga (Beginner Level)	[R]
08:00 am – 10:00 am	House Hiking	[R] [\$]
09:00 am – 09:30 pm	30 Minute Fun Exercise With Our PT	[R]
02:00 pm – 03:00 pm	Sea Turtle Talk	[R]
02:00 pm – 05:00 pm	Con Dao Historical and Prison Tour	[R] [\$]
03:00 pm – 05:00 pm	Vietnamese Liquor Cocktail Making Workshop	[\$]
05:00 pm – 07:00 pm	Happy Tet Hour	[\$]
06:30 pm – 10:00 pm	A Table For Two (Valentine Set Menu)	[\$]
08:00 pm	Movie: Prince In Dream	[R]

## GROW WITH SIX SENSES

09:00 am - 10:00 am	1 0
10:00 am – 11:00 am	Bingo Game
11:00 am – 12:00 am	
02:00 pm – 03:00 pm	Paper Lantern Making
1 1	Bracelets Making Class
	Tug o' War Competition





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