

# MULTI-GENERATIONAL FAMILY TRIPS 2020



# This Summer, let's Eat - Grow - Move - Connect with Six Senses Con Dao

If between a quiet getaway and a gleeful journey for the kids are seemingly difficult to choose, look no further!

Let us bring you an unforgettable Family Getaway to nourish the mind, invigorate the body, nurture the soul, and connect your family.

An abundance of activities and experiences will keep every member busy and excited: some are unique in-land fun and some are just soaking-wet exhilaration. Your family will experience an authentic glimpse at the local's daily life, and travel across the island.







## OTHER SPORTS

- Aqua Aerobic
- Volleyball
- Football
- Darts
- Bocce game
- Water Polo
- Beach tennis
- Frisbee game
- Beach basketball

Duration: 30 minutes

Note: Advance booking is advised

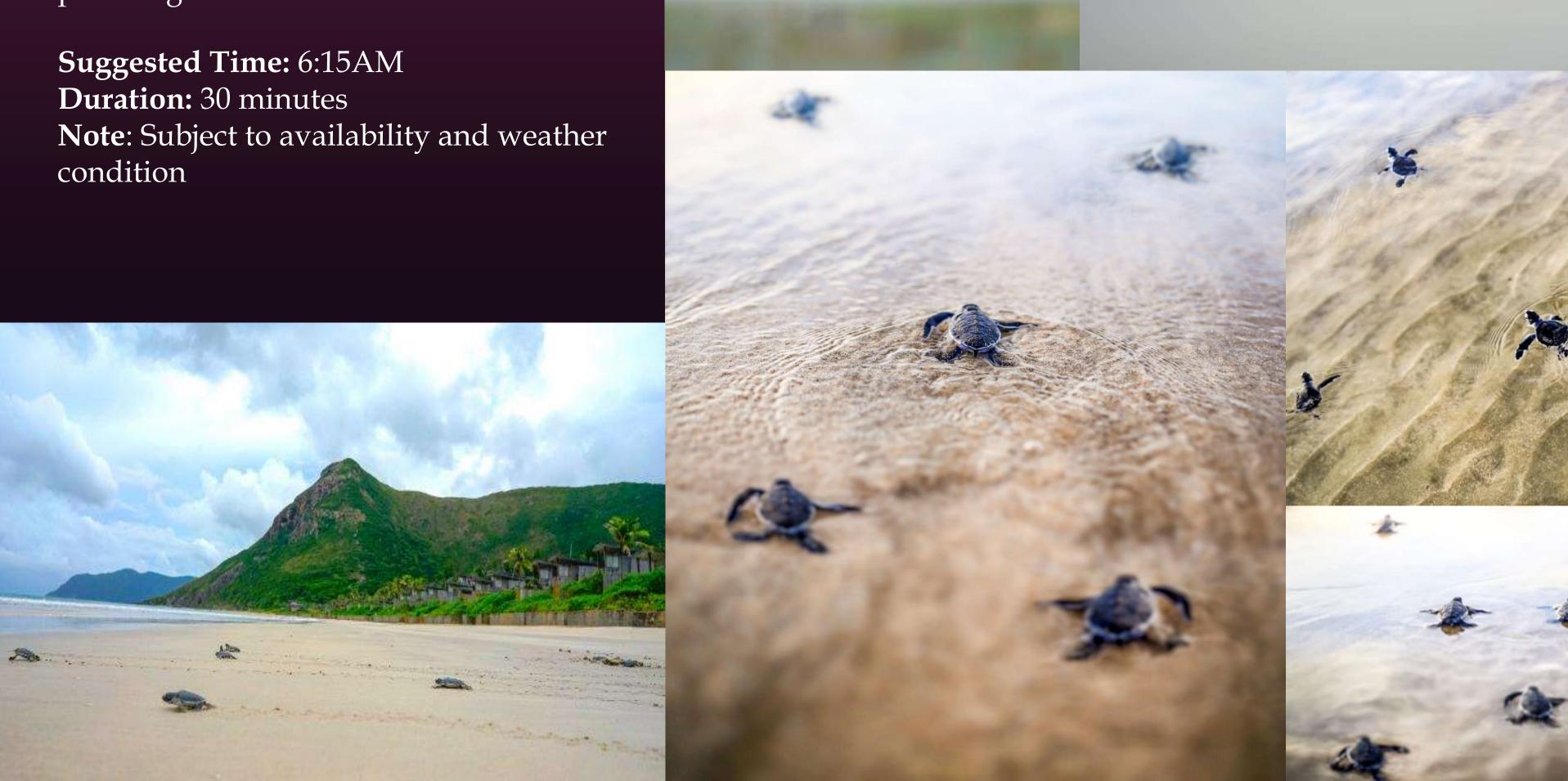


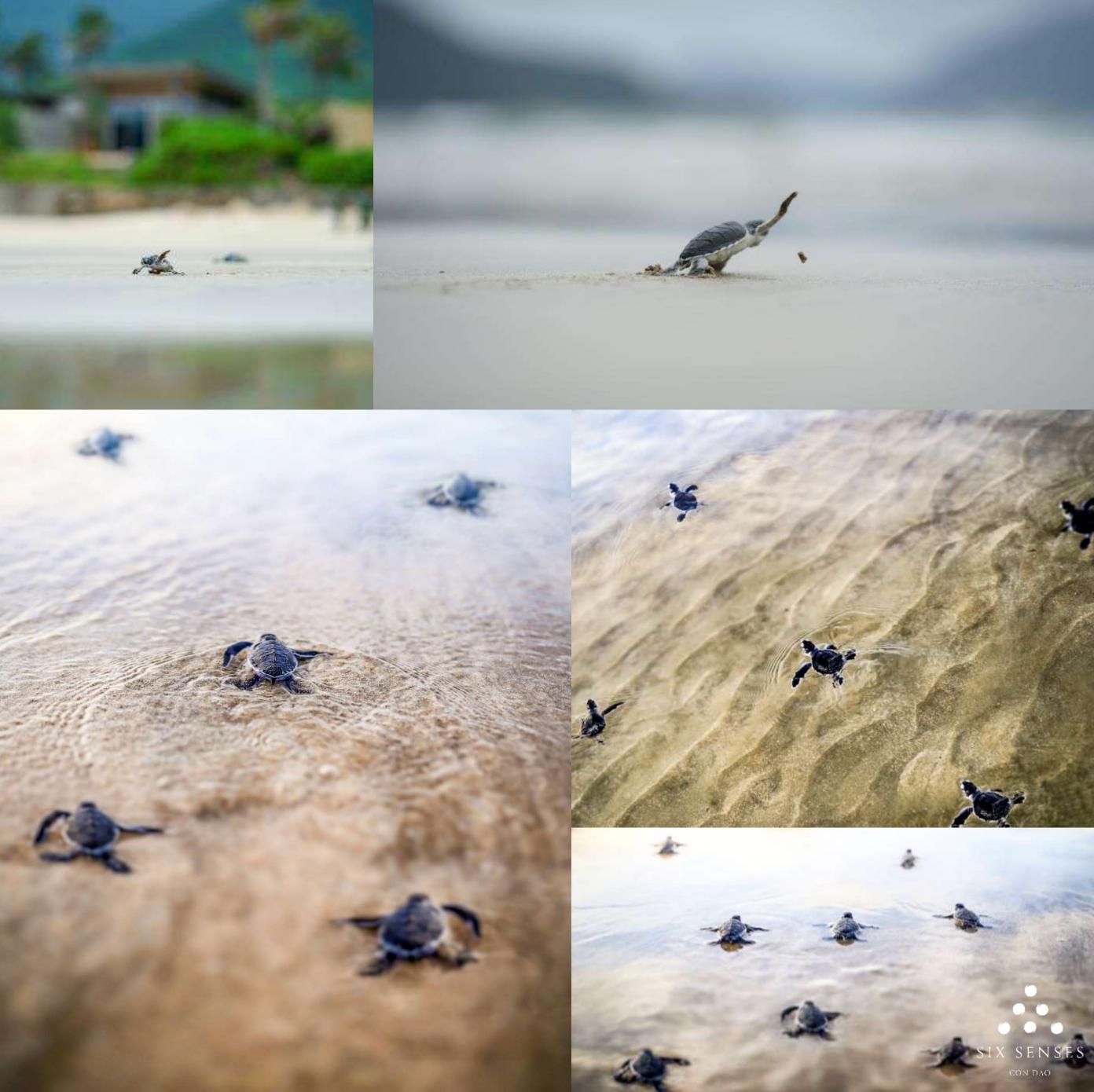




# TURTLE HATCHING RELEASE

This project, in cooperation with Con Dao National Park authorities, includes a safe and monitored incubation enclosure to protect eggs from threats such as poaching.









## FAMILY YOGA CLASS

Combining postures with conscious breathing and focus, this Yoga session helps develop strength, flexibility and mental clarity. Practitioners can expect to develop body awareness and explore varied postures.

Duration: 45 minutes
Note: Maximum 12 guests.
Advance booking is advised









# SUSTAINABILITY TOUR

Sustainability has always been at the heart of Six Senses Con Dao. And we are happy to share with you the different aspects of what we do on a daily basis, and some ideas you might be able to take home.

- Earth Lab introduction & Green lifestyle
- Visit Mushroom Hut
- Let's get cracking and Marine Turtle Talk
- Visit Organic Farm & Enjoy hibiscus tea
- Composting workshop

Duration: approx.1.5 hours



# GROW WITH SIX SENSES ACTIVITIES FOR KIDS

Sense of Laughter is open from 09:00 am to 05:00 pm daily for 4 to 12 years old. Here we have a great selection of exciting activities that will keep youngsters busy in the resort. They can paint statues, make sand castles, explore the beach and jungle, decorate cookies, learn how to make exciting things or what to do with recycled paper or play by the pool - the possibilities are endless. Parents, you can always join in if it looks like we're having too much fun.

Our philosophy here is that you don't need to be told what to do and when. Just come by and see what fun things are going on and join in. If you want to do something else, maybe we can get somebody else interested too.

#### **INDOOR ACTIVITIES**

At the club you can learn how to re-use old paper, get creative with design and try some new ways of making pictures. Stretch your imagination and see what you can create.

- Face mask workshop
- Flags of the world
- Drawing and painting
- Sand painting
- T-shirt painting
- Movie night

#### **OUTDOOR ACTIVITIES**

Outside is the best place to be; enjoying the fresh air, the beach, the sea, the forest. All offer amazing opportunities to do cool things

- Sandcastle building
- Fly a kite
- Badminton



### VIETNAMESE LANGUAGE CLASS

Learn how to properly pronounce Xin Chao, the Vietnamese phrase for "hello," and greet your host like a local! Guests of all ages enjoy bonding over this fun class, where you'll get to try twisting your tongue around a variety of simple Vietnamese phrases with an experienced language teacher. Practice what you learn over a Vietnamese dinner to complete the experience.

Duration: 60 minutes/ session

Schedule: Every Tuesday and Friday

Price: Complimentary

Note: Booking 24 hours in advance





# CLAM COLLECTING

Try your hand at collecting beach clams the traditional way.

Six Senses beach is a prime clam area and throughout the year we allot certain sections where clams can be collected. Using the traditional tools of the trade, we will show you how to search for and collect clams.

Please understand that to sustain the population of clams on the beach we do limit the number of clams you can take at any one time to fifteen.







